




























Team Leaders Meeting

**Day 2 - Tuesday, August 22nd
Long distance**



Roll-call

Federation	Men	Women	Team Officials	Total
 Australia	2			2
 Austria	6	1	3	10
 Bulgaria	3	5	3	11
 Czechia	10	8	3	21
 Denmark	3	3		6
 Estonia	6	2	1	9
 Finland	8	8	2	18
 France	5	4	2	11
 Germany	4	1		5
 Great Britain		1		1
 Hungary	1	1		2
 Israel	1			1
 Italy	4		1	5
 Japan	3	2		5
 Latvia	3			3
 Lithuania	5	4	1	10
 Norway	1		1	2
 Poland	3	2	1	6
 Portugal	4	1		5
 Slovakia	3		1	4
 Spain	3	3	1	7
 Sweden	3	3	1	7
 Switzerland	4	3		7
 Ukraine	2	2		4
 United States	1			1
Sum	88	54	21	163

World MTB Orienteering Championships

Junior World MTB Orienteering Championships

18 – 27/8/2023 > Jičín / Czechia / Europe



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info@wmtboc2023.cz

Veřejné informace

wmtboc2023.cz



Officials

Pavel Musil

Jiří Putík

Magnus Wallenborg

Milan Meier

Radek Ticháček

Event Director

Sport/Technical Director

IOF Senior Event Advisor (SWE)

National Controller

Course setter

JURY members:

Anke Dannowski (GER)

Keith Dawson (GBR)

Milan Meier (CZE)





Long day – Time schedule

Event office open (Arena)	7:00-9:00
Event office open (Event Centre)	17:00-18:00
Start quarantine opens	7:30
Last entry into the quarantine zone	9:00 (change versus Bulletin 4)
Start of the long distance event	9:00
Prize giving ceremony (EC)	19:00-19:30
Deadline for name entries (middle)	12:00
Team Leaders Meeting (middle, EC)	18:00-19:00





Long day – Logistics

Travelling to the quarantine zone – from Jičín – direction Nová Paka – Bělá u Pecky – Pecka.
From quarantine zone to Long Arena – direction Borovnice – Borovnička - Mostek
Respect embargoed areas.

Parking quarantine – GPS 50.4819136N, 15.6024669E

Parking arena – GPS 50.4844536N, 15.6947281E

Marked with signs, please follow the instructions from marshals.

It is not allowed to park anywhere else, only dedicated official parking areas are allowed.

Distance from parking to the Quarantine area: up to 100 m (walk)

Distance from parking to the finish arena: 50 m

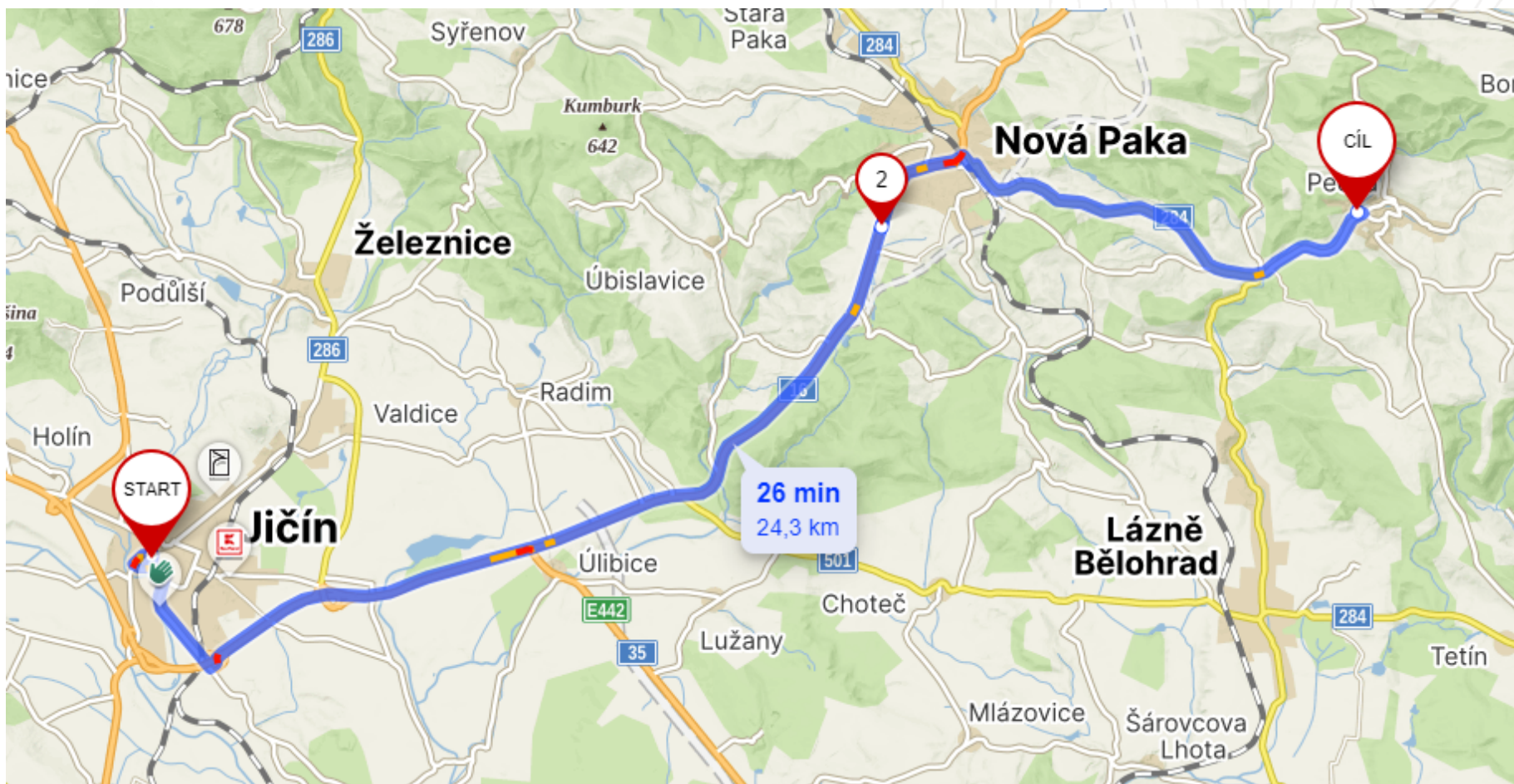
Competitors and officials must enter the quarantine zone before the relevant deadline time-limit; otherwise they will not be allowed to enter the quarantine. All competitor must enter the quarantine zone before entering prestart.



Jičín 2023

Long day – Logistics

Mandatory route from Jičín to start quarantine

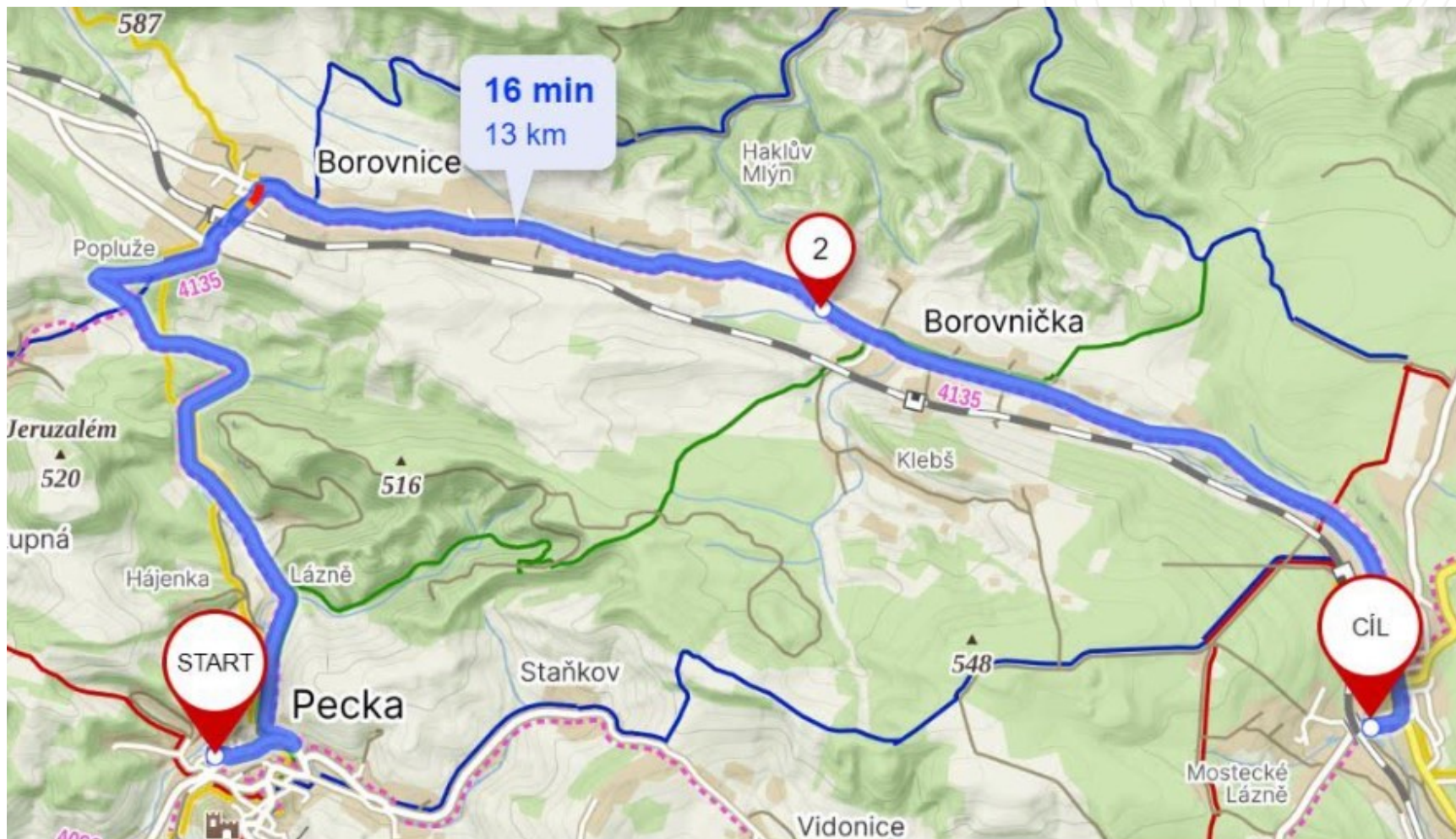


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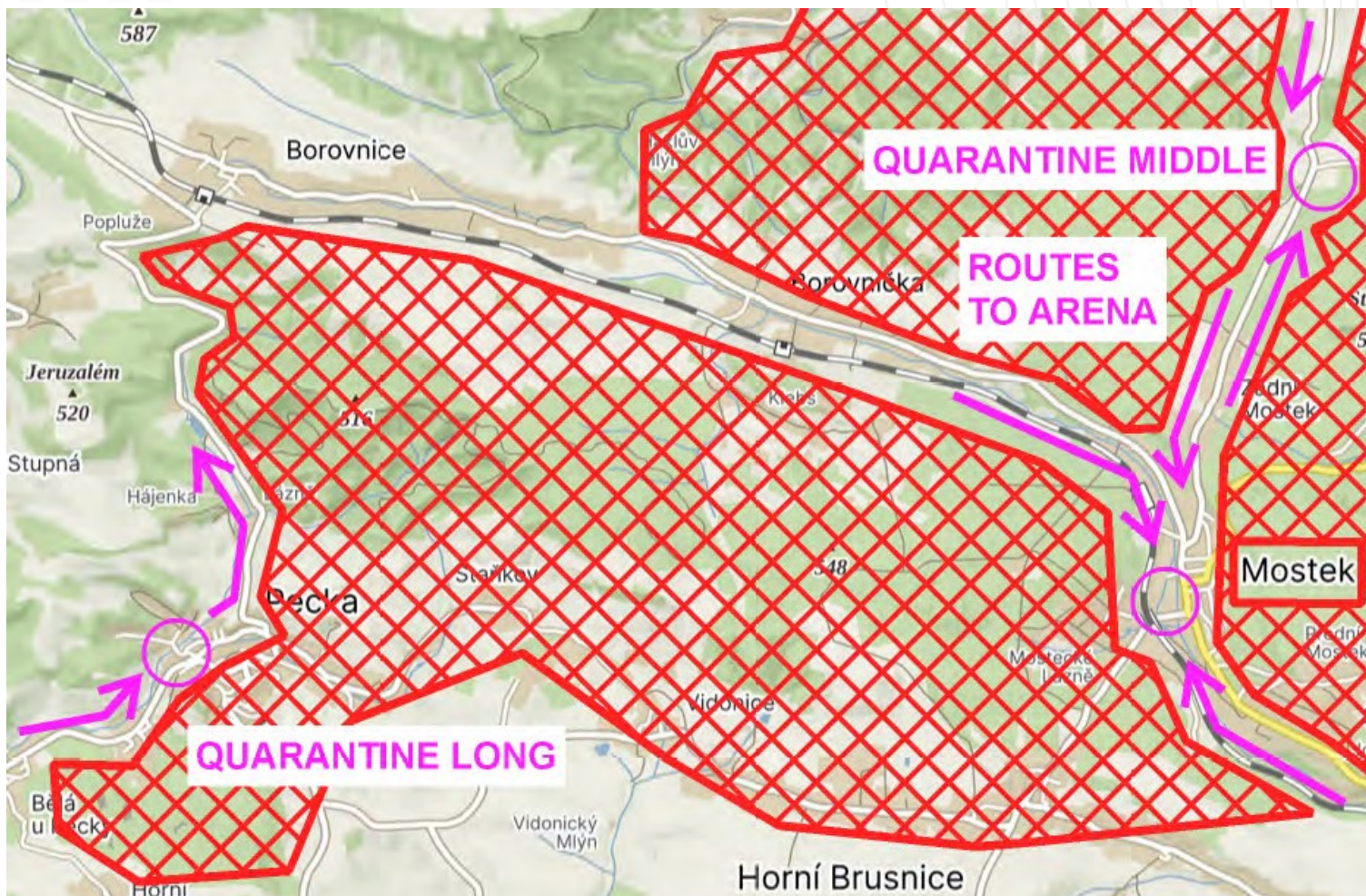
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Veřejné informace

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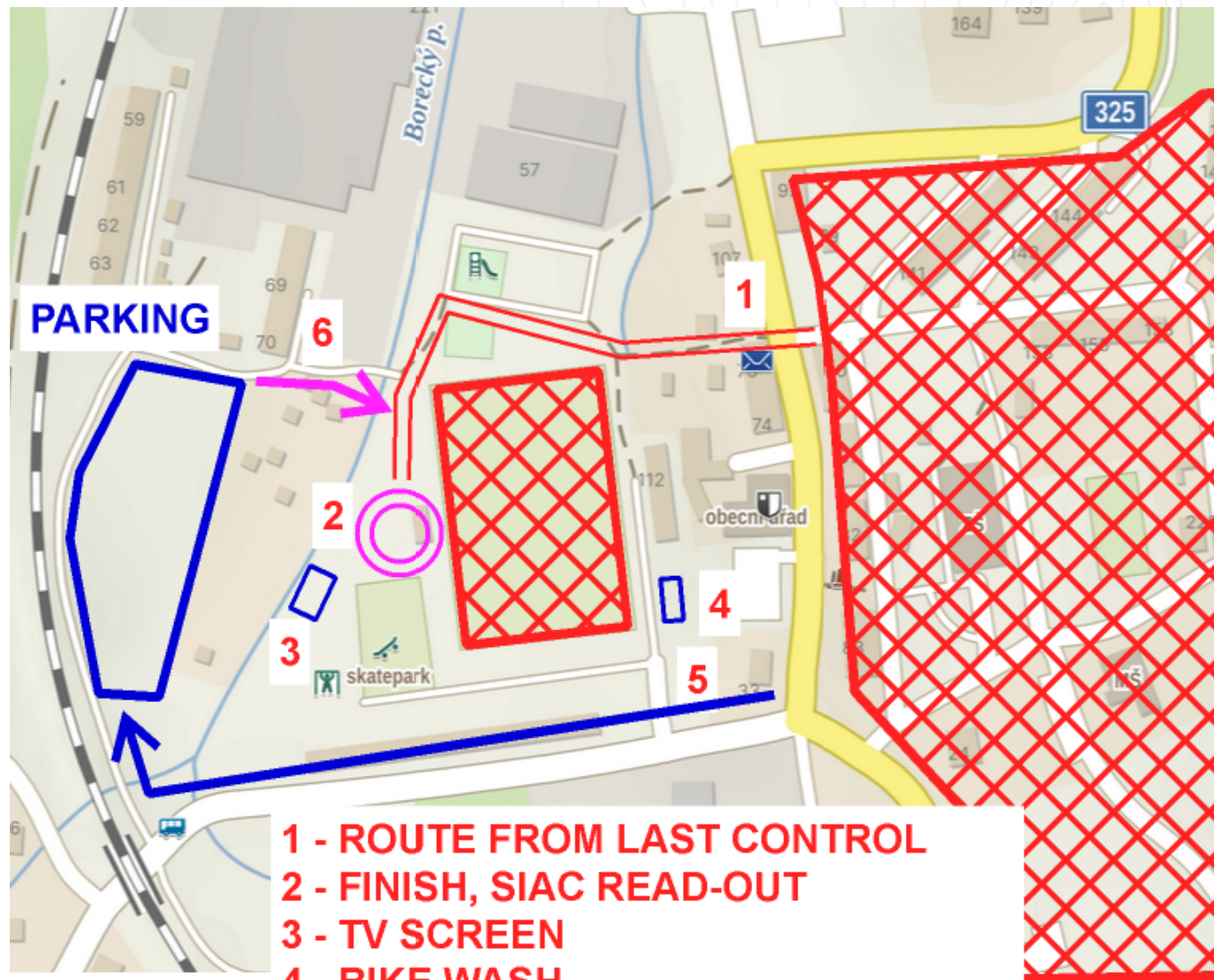
Long day – Logistics - Mandatory route from start quarantine to arena



Long day – Logistics



Long day arena detail



- 1 - ROUTE FROM LAST CONTROL**
- 2 - FINISH, SIAC READ-OUT**
- 3 - TV SCREEN**
- 4 - BIKE WASH**
- 5 - WC**
- 6 - ROUTE FROM PARKING TO ARENA**



Long day – Quarantine

Start quarantine:

Start quarantine open	7:30
Last entry into the quarantine zone	9:00

Warm-up area is a part of quarantine zone.

Quarantine facilities - toilets, tents, refreshment (water)

Prestart is situated in the NE part, path to the start is marked by blue/white ribbons

Distance from prestart to start corridors is 350m, max. 2 minutes to ride.

Before leaving prestart – CLEAR & CHECK your SIAC and selected athletes will be asked to wear a GPS unit.

GPS units will be distributed in a quarantine zone. List of athletes, that will be riding with a GPS, will be uploaded to event's web site. GPS unit must be worn in a special vest provided to each team or in a special pocket on the back, which holds the unit in a vertical position.

GPS units must be returned in the finish area.

There will be no finish quarantine.

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Long day – Quarantine

Team bags:

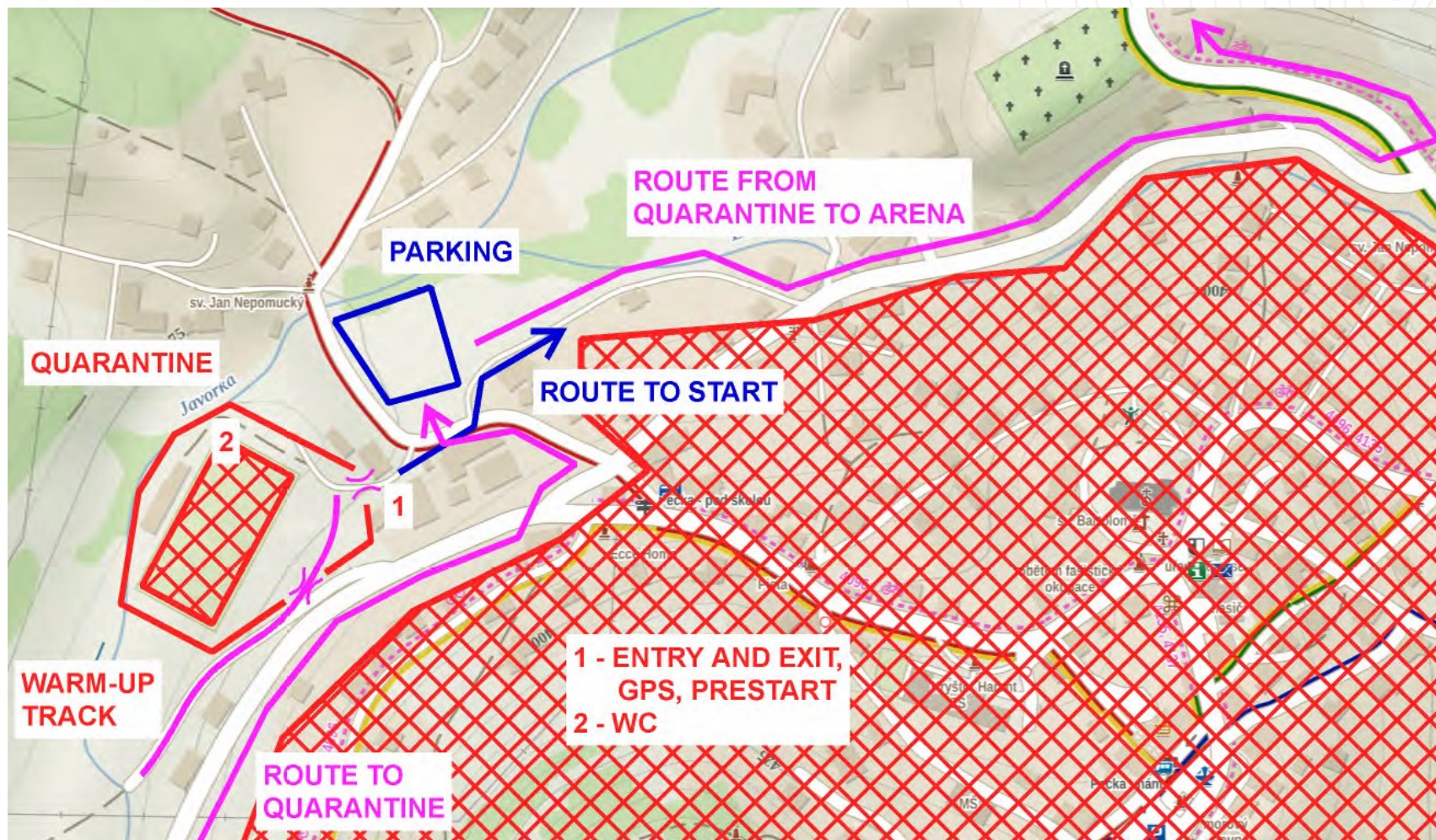
Riders' clothes and other personal belongings will be transported from a quarantine to the finish arena. Please, put your items into appropriate bag/backpack and sign it with your start number and national team acronym (CZE, FRA, SWE...).

Please, do not send large or heavy items (service tools, bike spare parts, suitcases etc.)!

No bottles with refreshment to be delivered to refreshment control.

No material control in the course

Long day – Quarantine detail



Long day – Courses, maps

	Length	Optimal route	Controls	Climb	Estimated winning time
W20	14,7 km	21,8 km	21	620 m	85-90 minutes
W	20,9 km	32,9 km	31	980 m	110-115 minutes
M20	19,5 km	28,9 km	26	850 m	85-90 minutes
M	24,5 km	38,5 km	35	1170 m	110-115 minutes

Time limit: 210 minutes

Map scale: 1:15000, contours 5m, waterproof paper

Map size: A3 (42 x 30 cm), two-sided printing

Map specs: ISMTBOM 2022, revision 2/2023

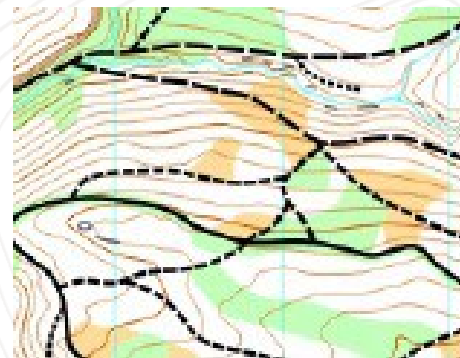
1 map turn, order of pages indicated by number in the brackets,

Example M (1) – first page, M (2) – second page

Last control on the first page is marked as a control point, it's equal to the Start sign on the second page.

1 refreshment during the race – bottled water.

Map example:



Long day – Punching & backup

Punching system – SportIdent SIAC, Long range
Backup punching system – SportIdent contact
Backup for competitors – second SIAC

Recommendation from SportIdent:
Keep approx 30 cm distance between cards,
when you wear two SIACs to keep maximum
reliability, if possible.

Anti-theft card



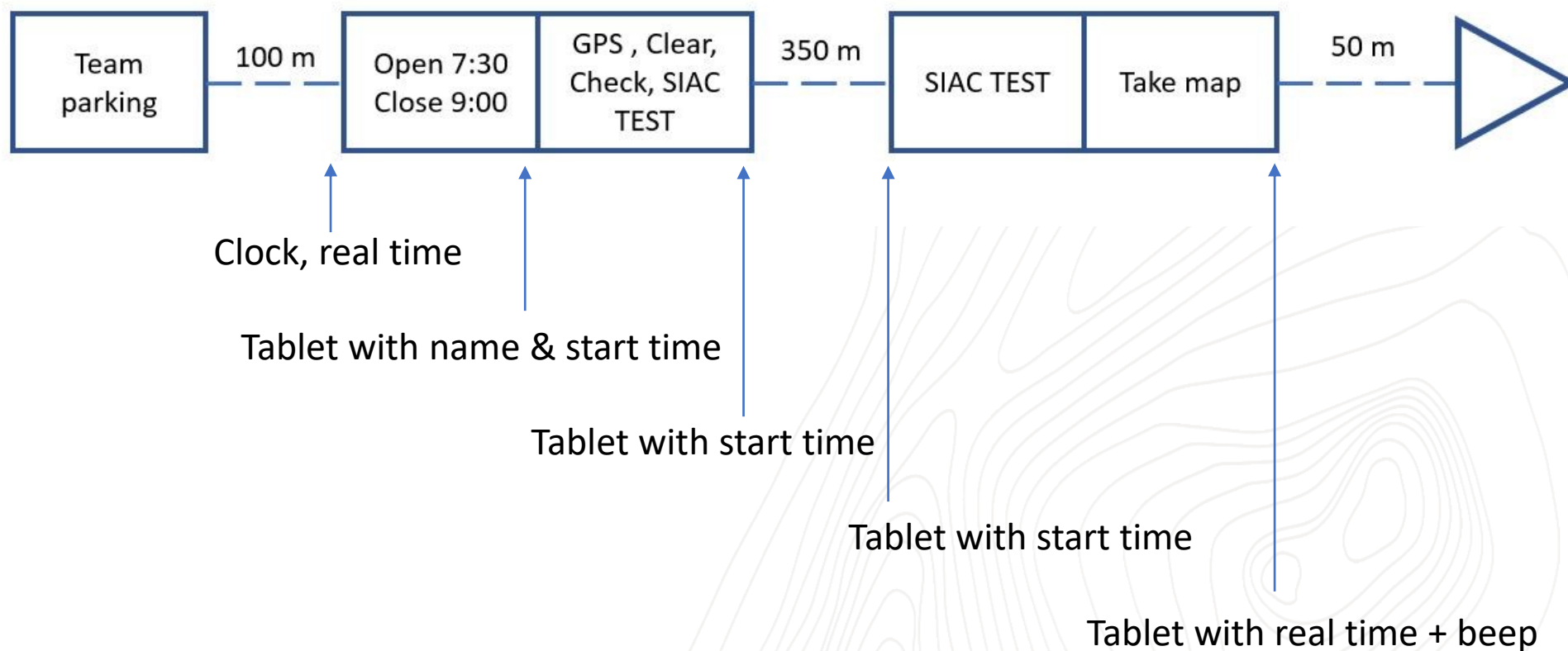
CONTROLS



Long day – Starting procedure

Start interval: 3 minutes for all categories.

Quarantine -10 PRESTART -5 -2 -1 0





Long day – Start draw for middle distance

Deadline for name and primary SI card number entries is always 12:00 one day prior to the race day in IOF Eventor = 22.8., 12:00.

The same deadline applies to the selection of starting group (early, middle, late) for JWMTBOC classes.



Long day – Courses, maps

All courses contain compulsory routes, marked by red ribbons or a corridor in the terrain.
In the map the compulsory route is marked by symbol 707 Marked route (purple).

There are several poorly visible junctions that will be marked with a ribbon in the terrain for the purpose of fair play (to keep the same visibility for both earlier and later starting riders).

Some minor paths that are difficult to recognize in the terrain will also be marked with ribbons.

Purple line covers the track near Women's control with code 49



Area with weak visibility of the rideable area on the map close to the control with code 72





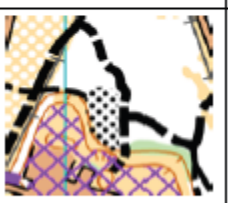




Long day – Restrictions

Off-track riding (including running and walking with the bike) is prohibited during all races, except map symbols where riding is permitted!

Also cutting is strictly prohibited.

The following symbols (ISMTBOM 2022) will be used to show where off-track riding (or movement) is permitted.

501 Paved area (tarmac or gravel)		827 Narrow ride, permitted to ride: fast riding	
824 Open land, permitted to ride		829 Narrow ride, permitted to ride: slow riding	
825 Forested area, permitted to ride		830 Narrow ride, permitted to ride: very slow riding	
826 Rough open land, permitted to ride		All other off-track areas are forbidden!	



Long day – SAFETY

Courses outside villages are crossing some small roads or the riders will ride on these roads. Reduced car traffic is possible. There will be marshals in most critical places, but generally riders are asked to follow traffic rules. Riders DO NOT HAVE absolute priority in the traffic.

The residential area will not be closed for the traffic during the long race (reduced speed only and marshals are there), there might be some cars slowly moving which might become an unexpected obstacle.

Please watch out for pedestrians, mushroom pickers and tourists.

Shortly after the start, there are the stairs “under the castle” that **will be forbidden to ride on bike** in both directions for the safety reasons – **ONLY WALKING** is possible there.

Considering the map readability there is **no special map symbol used**, but there will be a **SIGN in the terrain**.



Long day – DOPING

Please read AD information given in Bulletin #4.

Call for AD testing may happen any time.



Long day – OTHER

Starting bibs

Starting bib will be given out to each competitor for each discipline. The starting bib has to be placed in the front of the bike, tapes to fit the numbers will be distributed with bibs.

Complaints

Complaints may only be made by accredited team officials or competitors, at the finish as soon as possible after the incident or at the latest at 15:15. Complaints received after this limit will be considered if there are valid exceptional circumstances (described in the complaint).

Any complaints shall be made in writing to the organizer – in that case please contact staff in the finish.



Long day – OTHER












Prize giving ceremony

Will be organized giving ceremony at the Event Centre at 19:00. There will be awarded first 6 best placed competitors in each category. In line with IOF rules podium finishers are requested to dress in team uniforms.

Catering service (food ordered by teams in advance) will be available at the finish arena.

Long day – OTHER

Hourly weather forecast for Mostek served by yr.no

07		19°		2 ↙	Light breeze from north east
08		21°		2 ↙	Light breeze from north east
09		23°		2 ←	Light breeze from east
10		24°		1 ↗	Light air from south east
11		26°	0.1	3 ↗	Light breeze from south west
12		26°		3 →	Light breeze from west
13		27°		3 →	Light breeze from west
14		28°		4 →	Gentle breeze from west
15		28°		4 →	Gentle breeze from west
16		28°		4 →	Gentle breeze from west
17		27°		4 ↖	Gentle breeze from north west



Thank you & GOOD LUCK!

