

Team Leaders Meeting

Day 3 - Wednesday, August 23nd Middle distance



Roll-call

Federation	Men	Women	Team Officials	Total
Mustralia	2			2
Austria	6	1	3	10
B ulgaria	3	5	3	11
Czechia	10	8	3	21
■ Denmark	3	3		6
Estonia	6	2	1	9
├ Finland	8	8	2	18
■ France	5	4	2	11
Germany	4	1		5
Great Britain		1		1
Hungary	1	1		2
srael	1			1
I Italy	4		1	5
• Japan	3	2		5
Latvia	3			3
Lithuania	5	4	1	10
≔ Norway	1		1	2
Poland	3	2	1	6
Portugal	4	1		5
Slovakia	3		1	4
 Spain	3	3	1	7
Sweden	3	3	1	7
• Switzerland	4	3		7
Ukraine	2	2		4
United States	1			1
Sum	88	54	21	163

World MTB Orienteering Championships



Officials

Pavel Musil

Jiří Putík

Magnus Wallenborg

Milan Meier

Pavel Wohanka

Event Director

Sport/Technical Director

IOF Senior Event Advisor (SWE)

National Controller

Course setter

JURY members:

Anke Dannowski (GER) Keith Dawson (GBR) Milan Meier (CZE)





Middle day – Time schedule

Event office open (Arena) 7:30-9:30

Event office open (Event Centre) 17:00-18:00

Start quarantine opens 8:00

Last entry into the quarantine zone 9:30 (change versus Bulletin 4)

Start of the middle distance event 9:30

Prize giving ceremony (EC) 19:00-19:30

Deadline for name entries (Mass Start) 24.8., 12:00

Team Leaders Meeting (Mass Start, EC) 24.8., 18:00-19:00





Middle day – Logistics

Travelling to the quarantine zone – from Jičín – direction Nová Paka – Mostek. From quarantine zone to Arena – direction Mostek. Respect embargoed areas.

Parking quarantine – GPS 50.5099636N, 15.7080944E Parking arena – GPS 50.4844536N, 15.6947281E

Marked with signs, please follow the instructions from marshals.

It is not allowed to park anywhere else, only dedicated official parking areas are allowed.

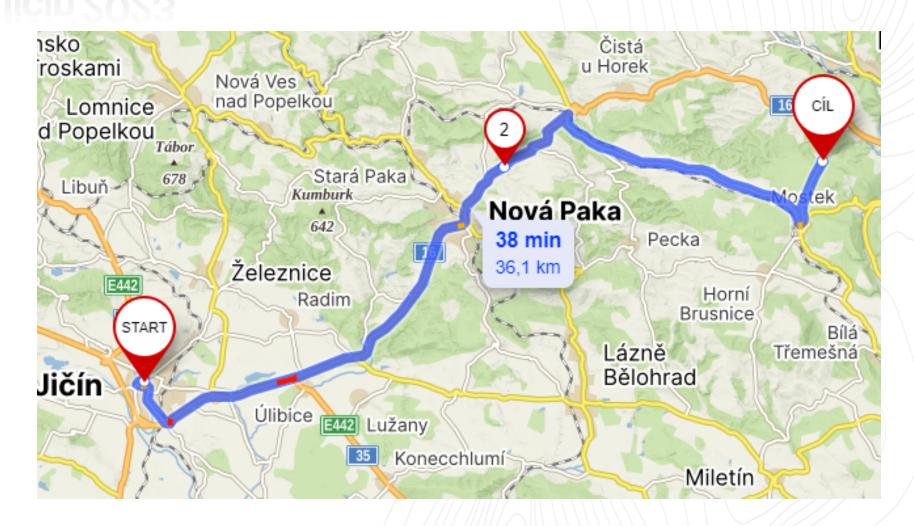
Distance from parking to the Quarantine area: up to 70 m (walk)

Distance from parking to the finish arena: 50 m

Competitors and officials must enter the quarantine zone before the relevant deadline time-limit; otherwise they will not be allowed to enter the quarantine. All competitors must enter the quarantine zone before entering prestart.



Middle day – Logistics - Mandatory route from Jičín to start quarantine



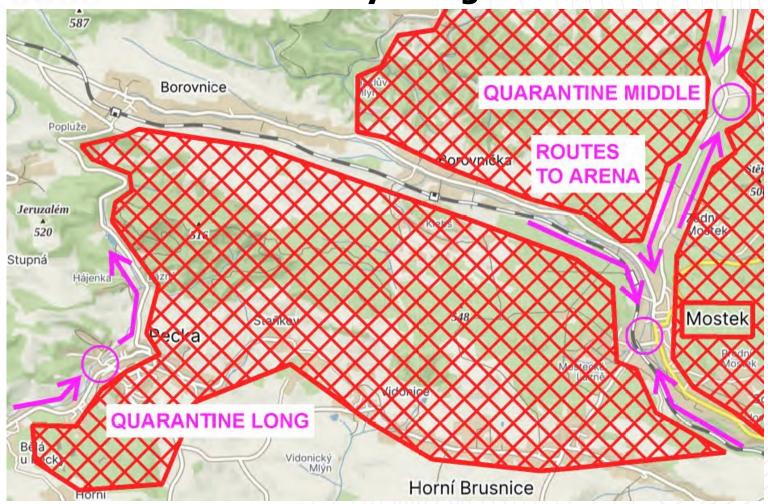


Middle day – Logistics - Mandatory route from start quarantine to arena



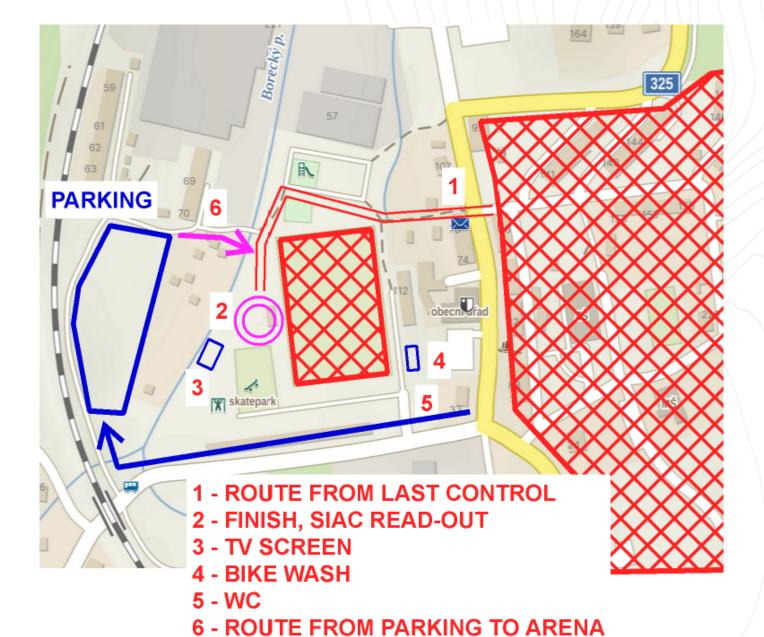


Middle day - Logistics



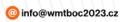


Middle day arena detail



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Middle day – Quarantine

Start quarantine:

Start quarantine open 8:00 Last entry into the quarantine zone 9:30

Warm-up area is a part of quarantine zone.

Quarantine facilities - toilets, tents, refreshment (water)

Prestart is situated in the SW part, path to the start is marked by blue/white ribbons

Distance from prestart to start corridors is 450m, max. 2 minutes to ride.

Before leaving prestart – CLEAR & CHECK your SIAC and selected athletes will be asked to wear a GPS unit.

GPS units will be distributed in a quarantine zone. List of athletes, that will be riding with a GPS, will be uploaded to event's web site. GPS unit must be worn in a special vest provided to each team or in a special pocket on the back, which holds the unit in a vertical position.

GPS units must be returned in the finish area.

There will be no finish quarantine.



Middle day - Quarantine

We kindly ask all competitors to mount their start bibs on their bikes or to know their actual start number before entering the quarantine zone.

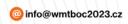
Team bags:

Riders' clothes and other personal belongings will be transported from a quarantine to the finish arena. Please, put your items into appropriate bag/backpack and sign it with your start number and national team acronym (CZE, FRA, SWE...).

Please, do not send large or heavy items (service tools, bike spare parts, suitcases etc.)!

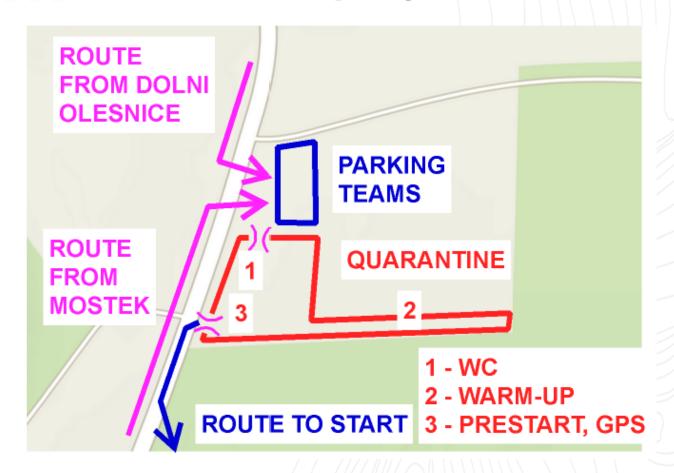
No bottles with refreshment to be delivered to the course. No material control in the course.







Middle day - Quarantine detail





Middle day – Courses, maps

	Length	Optimal route	Controls	Climb	Estimated winning time
W20	9,2 km	12,7 km	20	260 m	40-45 minutes
W	11,4 km	15 km	27	300 m	50-55 minutes
M20	10,9 km	15,1 km	27	300 m	40-45 minutes
M	13,1 km	17,5 km	30	370 m	50-55 minutes

Time limit: 150 minutes

Map scale: 1:10000, contours 5m, waterproof paper

Map size: A3 (42 x 30 cm)

Map specs: ISMTBOM 2022, revision 2/2023

No map turn

No refreshment during the race

Map example:





Middle day - Punching & backup

Punching system – SportIdent SIAC, Long range Backup punching system – SportIdent contact Backup for competitors – second SIAC

Recommendation from SportIdent: Keep approx 30 cm distance between cards, when you wear two SIACs to keep maximum reliability, if possible.

Měřicí zařízení pod napětím, monitorováno pomocí GPS.

CONTROLS





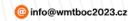
Anti-theft card

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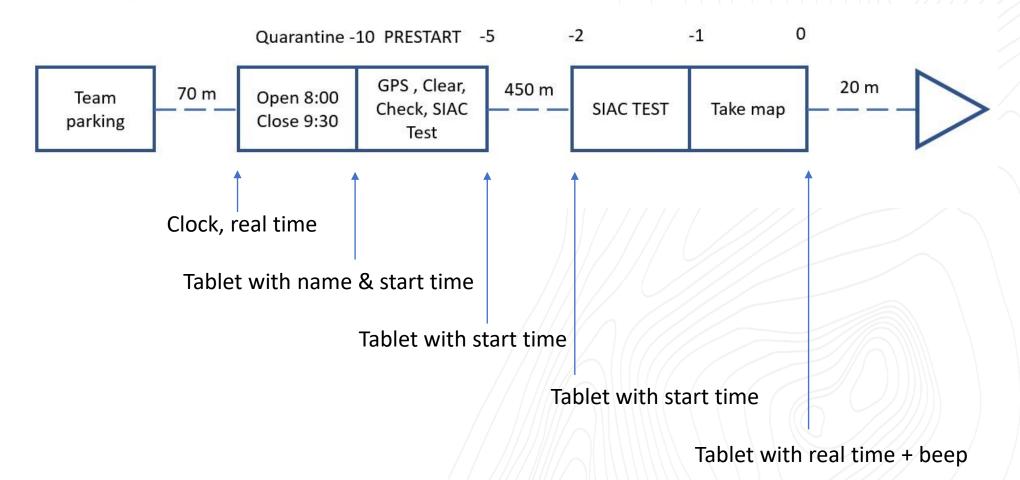
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Middle day - Starting procedure





Middle day – Start draw for Mass Start

Deadline for name and primary SI card number entries is always 12:00 one day prior to the race day in IOF Eventor = 24.8., 12:00.





Middle day – Courses, maps

All courses contain compulsory routes, marked by red ribbons or a corridor in the terrain. In the map the compulsory route is marked by symbol 707 Marked route (purple).

There are several poorly visible junctions that will be marked with a ribbon in the terrain for the purpose of fair play (to keep the same visibility for both earlier and later starting riders).

Some minor paths that are difficult to recognize in the terrain will also be marked with ribbons.

There is a new path created during harvesting in the forest which is not in the map which will be crossed by white ribbon to avoid ride on this pathway



Middle day – Restrictions

Off-track riding (including running and walking with the bike) is prohibited during all races, except map symbols where riding is permitted!

Also cutting is strictly prohibited.



The following symbols (ISMTBOM 2022) will be used to show where off-track riding (or movement) is permitted.

501 Paved area (tarmac or gravel)	827 Narrow ride, permitted to ride: fast riding	
824 Open land, permitted to ride	829 Narrow ride, permitted to ride: slow riding	
825 Forested area, per- mitted to ride	830 Narrow ride, permitted to ride: very slow riding	
826 Rough open land, permitted to ride	All other off-track areas are	forbidden!

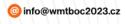


Middle day – SAFETY

Courses outside villages are crossing some small roads or the riders will ride on these roads. Reduced car traffic is possible. There will be marshals in most critical places, but generally riders are asked to follow traffic rules. Riders DO NOT HAVE absolute priority in the traffic.

The residential area will not be closed for the traffic during the long race (reduced speed only and marshalls are there), there might be some cars slowly moving which might become an unexpected obstacle.

Please watch out for pedestrians, mushroom pickers and tourists.



Middle day — SAFETY

Unexpected drop in the path recently caused by erosion. Not marked in the map, signs in the terrain



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Situated in very last part of All courses





Middle day — SAFETY

Dangerous section unexpected deep depressions in the forest marked as rideable area, marked in the terrain





Middle day – DOPING

Please read AD information given in Bulletin #4.

Call for AD testing may happen any time.





Middle day – OTHER

Starting bibs

Starting bib will be given out to each competitor for each discipline. The starting bib has to be placed in the front of the bike, tapes to fit the numbers will be distributed with bibs.

Complaints

Complaints may only be made by accredited team officials or competitors, at the finish as soon as possible after the incident or at the latest at 14:50. Complaints received after this limit will be considered if there are valid exceptional circumstances (described in the complaint). Any complaints shall be made in writing to the organizer – in that case please contact staff in the finish.



Middle day – OTHER

Prize giving ceremony

Will be organized giving ceremony at the Event Centre at 19:00. There will be awarded first 6 best placed competitors in each category. In line with IOF rules podium finishers are requested to dress in team uniforms.

Catering service (food ordered by teams in advance) will be available at the finish arena.



Middle day – OTHER

Hourly weather forecast for Mostek served by yr.no

07	*	19°		2 🖌	Light breeze from north east
08	*	21°		2 🗸	Light breeze from north east
09	*	23°		2 ←	Light breeze from east
10	*	24°		1 🤨	Light air from south east
11	*	26°	0.1	3 /	Light breeze from south west
12	*	26°		3 🖈	Light breeze from west
13	*	27°		3 →	Light breeze from west
14	*	28°		4 →	Gentle breeze from west
15	*	28°		4 →	Gentle breeze from west
16	*	28°		4 🥆	Gentle breeze from west
17	*	27°		4 🥦	Gentle breeze from north west



Thank you & GOOD LUCK!