




























# Team Leaders Meeting

**Day 4 - Friday, August 25<sup>th</sup>  
Mass Start distance**

## Roll-call

Federation	Men	Women	Team Officials	Total
 Australia	2			2
 Austria	6	1	3	10
 Bulgaria	3	5	3	11
 Czechia	10	8	3	21
 Denmark	3	3		6
 Estonia	6	2	1	9
 Finland	8	8	2	18
 France	5	4	2	11
 Germany	4	1		5
 Great Britain		1		1
 Hungary	1	1		2
 Israel	1			1
 Italy	4		1	5
 Japan	3	2		5
 Latvia	3			3
 Lithuania	5	4	1	10
 Norway	1		1	2
 Poland	3	2	1	6
 Portugal	4	1		5
 Slovakia	3		1	4
 Spain	3	3	1	7
 Sweden	3	3	1	7
 Switzerland	4	3		7
 Ukraine	2	2		4
 United States	1			1
Sum	88	54	21	163



## Officials

Pavel Musil

Jiří Putík

Magnus Wallenborg

Milan Meier

Jan Skoupý

Event Director

Sport/Technical Director

IOF Senior Event Advisor (SWE)

National Controller

Course setter

JURY members:

Anke Dannowski (GER)

Keith Dawson (GBR)

Milan Meier (CZE)





## Mass start day – Time schedule

Event office open (Arena)	7:30-8:10
Event office open (Event Centre)	17:00-18:00
Prestart (W/W20/M/M20)	9:00/9:00/9:10/9:15
<b>Start of the mass start distance event</b>	<b>10:00</b> Details in start procedure
Prize giving ceremony (EC)	19:00-19:30
Deadline for name SI# & order entries (Relay)	25.8., 12:00
Team Leaders Meeting (Relay, EC)	25.8., 18:00-19:00





## Mass start day – Logistics

Travelling to the arena – from Jičín – direction Sobotka – Sukorady - Jabkenice.  
Respect embargoed areas.

Parking arena – Multiple parking places across village Jabkenice.  
Parking Coordinator 50.3239881N, 15.0145900E – distribution to particular parking  
Marked with signs, please follow the instructions from marshals.

It is not allowed to park anywhere else, only dedicated official parking areas are allowed.

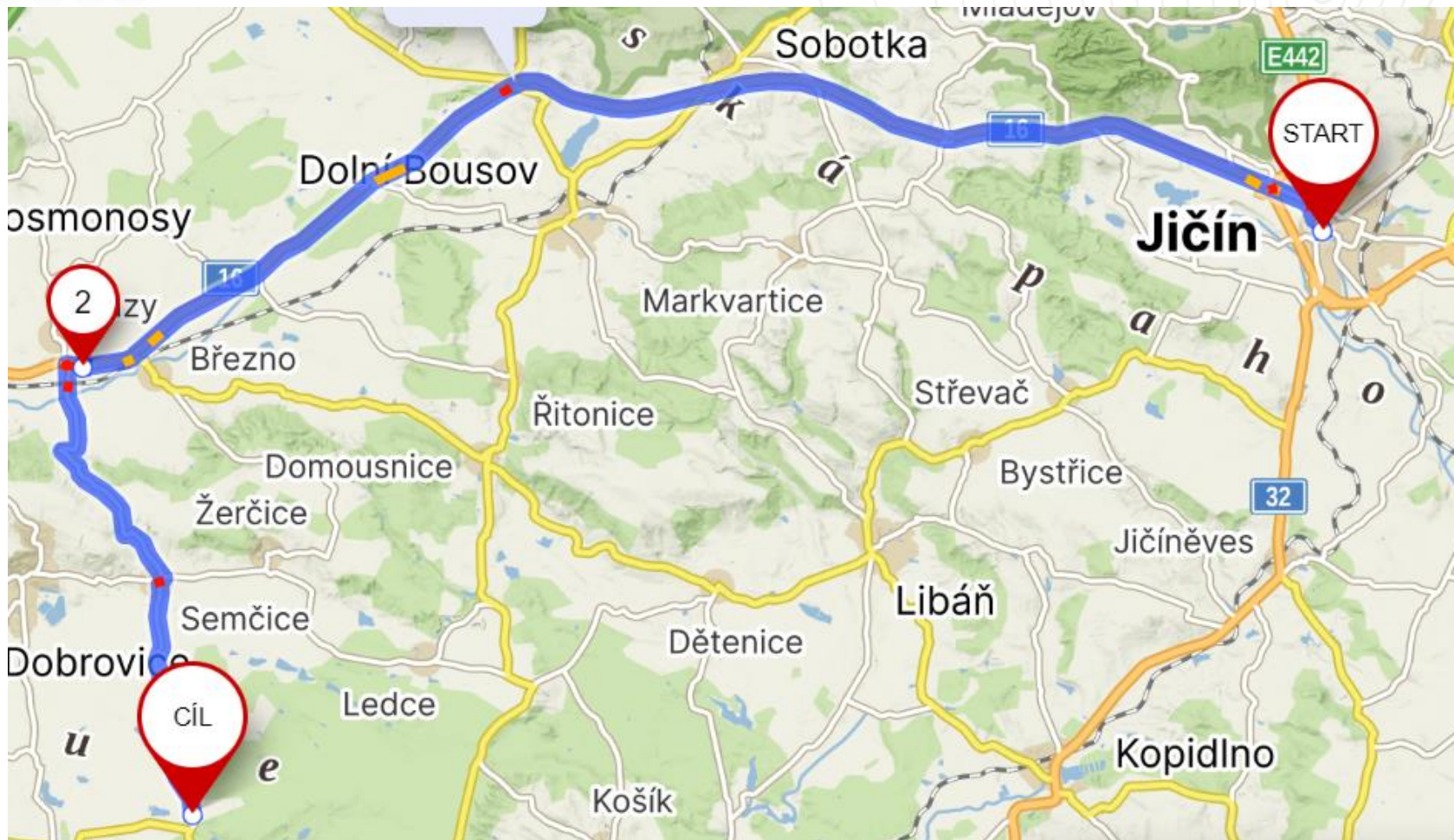
Distance from parking to the Arena: up to 700 m (walk)

All competitors must enter the prestart.



# Mass start day – Logistics - Recommended route from Jičín to Jabkenice

Check actual traffic situation before departure

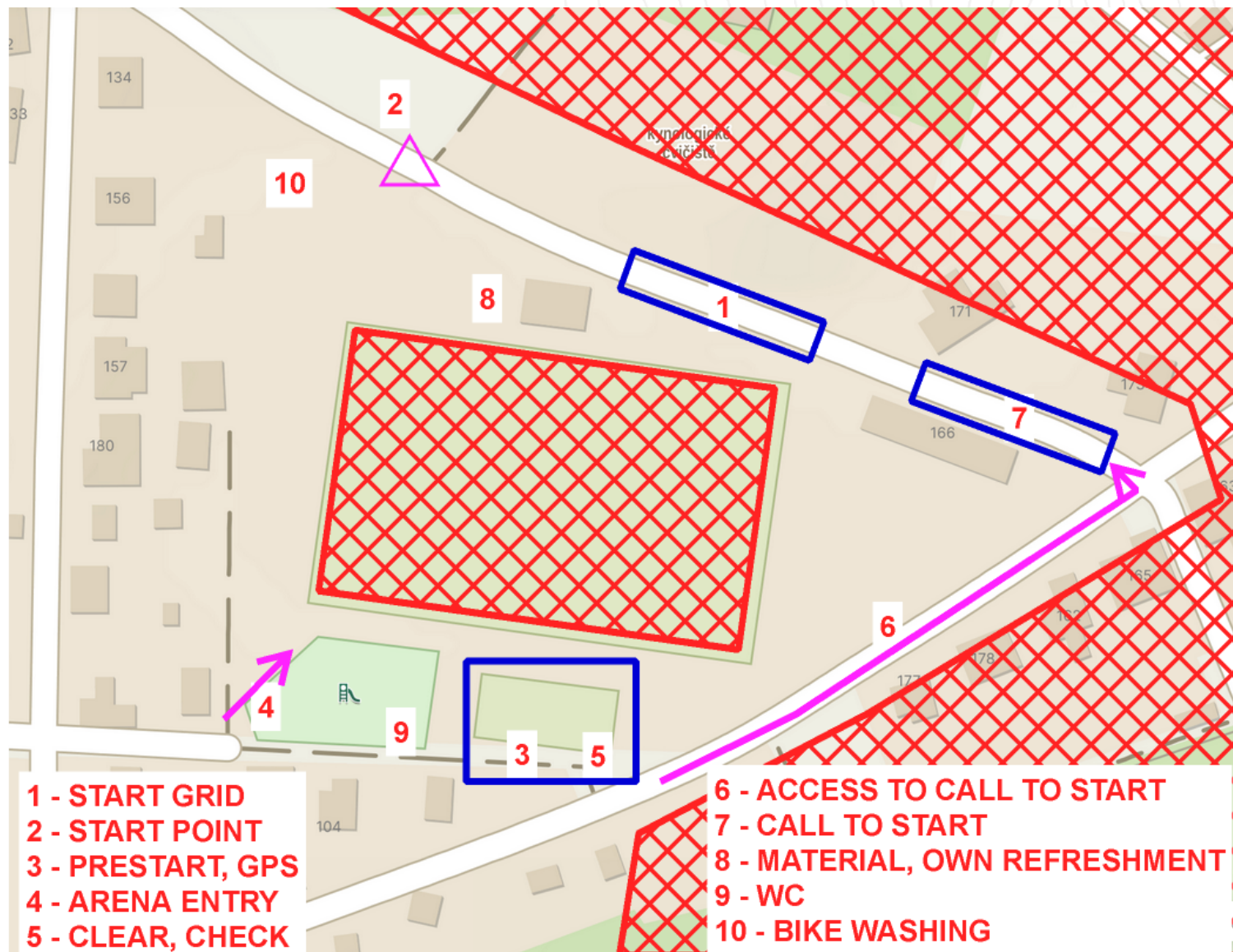


## Mass start day – Parking



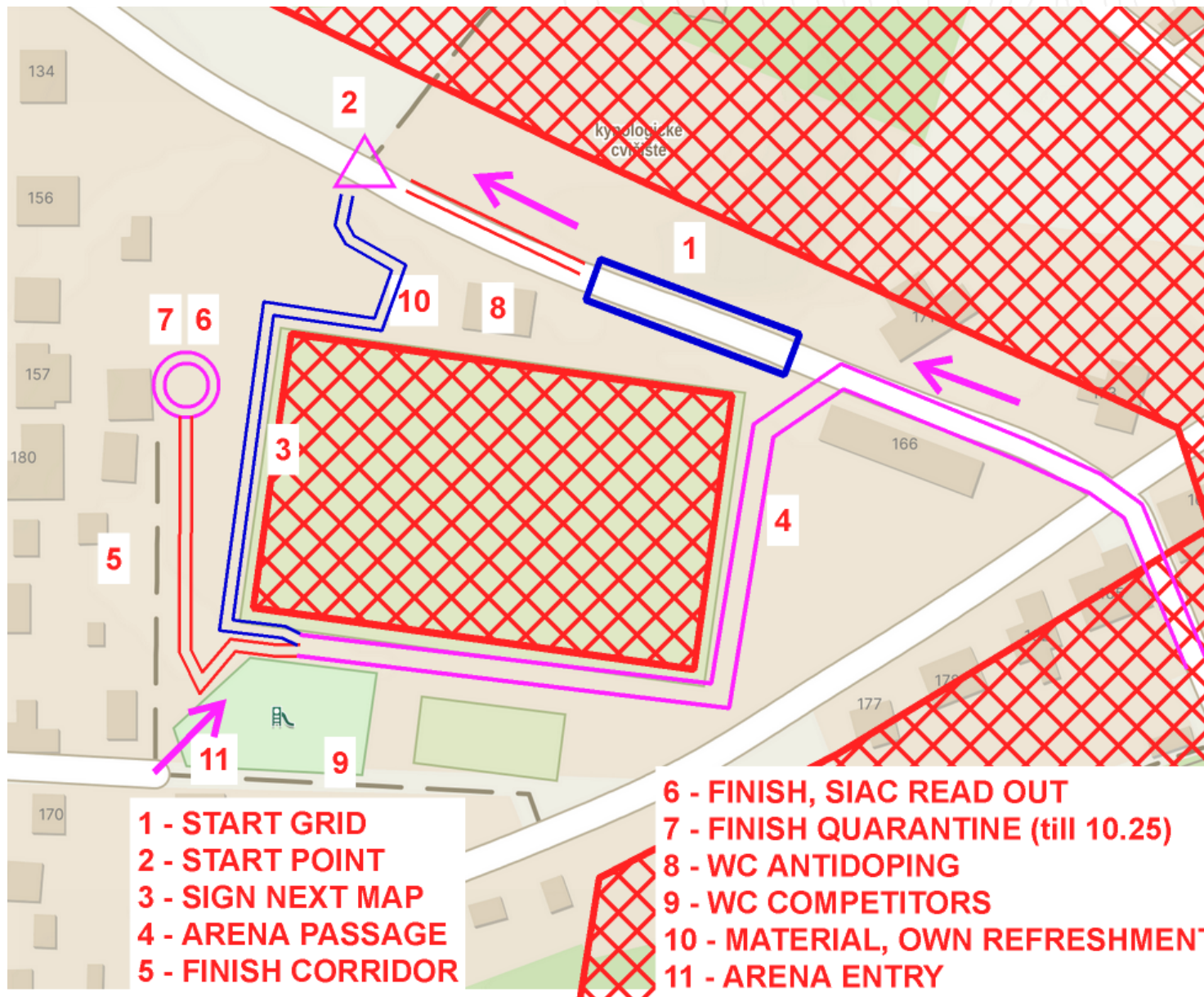


## Mass start day arena detail - starting





## Mass start day arena detail – finish



# Starting grid design

## 1<sup>st</sup> 4 lanes M&W

Lane#	Left				Right
<b>1</b>	5	4	3	2	1
<b>2</b>	10	9	8	7	6
<b>3</b>	15	14	13	12	11
<b>4</b>	20	19	18	17	16

Lane#	Left				Right
<b>1</b>	105	104	103	102	101
<b>2</b>	110	109	108	107	106
<b>3</b>	115	114	113	112	111
<b>4</b>	120	119	118	117	116



## Mass start day – Finish quarantine

All competitors arrived to the finish before 10:25 should stay in the finish quarantine next to SIAC reading area till 10:25



## Mass start day – Courses, maps

	Length	Optimal route	Controls	Climb	Estimated winning time
W20	18,5 km	26,6 km	22	115 m	65 minutes
W	24 km	32,3 km	28	135 m	80 minutes
M20	22,5 km	30,6 km	26	135 m	65 minutes
M	29,8 km	39,4 km	29	180 m	80 minutes

Time limit: 180 minutes

Map scale: 1:15000, contours 5m, waterproof paper

Map size: M - 3xA3 (42 x 30 cm), W, M20 & W20 – 2xA3

Map specs: ISMTBOM 2022, revision 2/2023

M – three maps, stapled, one side printing

W, M20, W20 – two maps, , stapled, one side printing

No refreshment during the race, possible to put own refreshment or spare material to the marked point in arena before the race.

Map example:





## Mass start day – Punching & backup

Punching system – SportIdent SIAC, Long range  
Backup punching system – SportIdent contact  
Backup for competitors – second SIAC

Recommendation from SportIdent:  
Keep approx 30 cm distance between cards,  
when you wear two SIACs to keep maximum  
reliability, if possible.

Anti-theft card



CONTROLS





# Jičín 2023

## Mass start day – Starting procedure

- Maps are distributed approximately 3 minutes before start map side down to the map holder. Competitor must hold a hand laying on the map from top
- -15 seconds “Turn Map” is announced competitors turn maps
- At the moment of start “START” signal is announced
- The bike must be stationary with the whole bike behind the start line and competitors must keep at least one foot on the ground at the moment of the start signal.

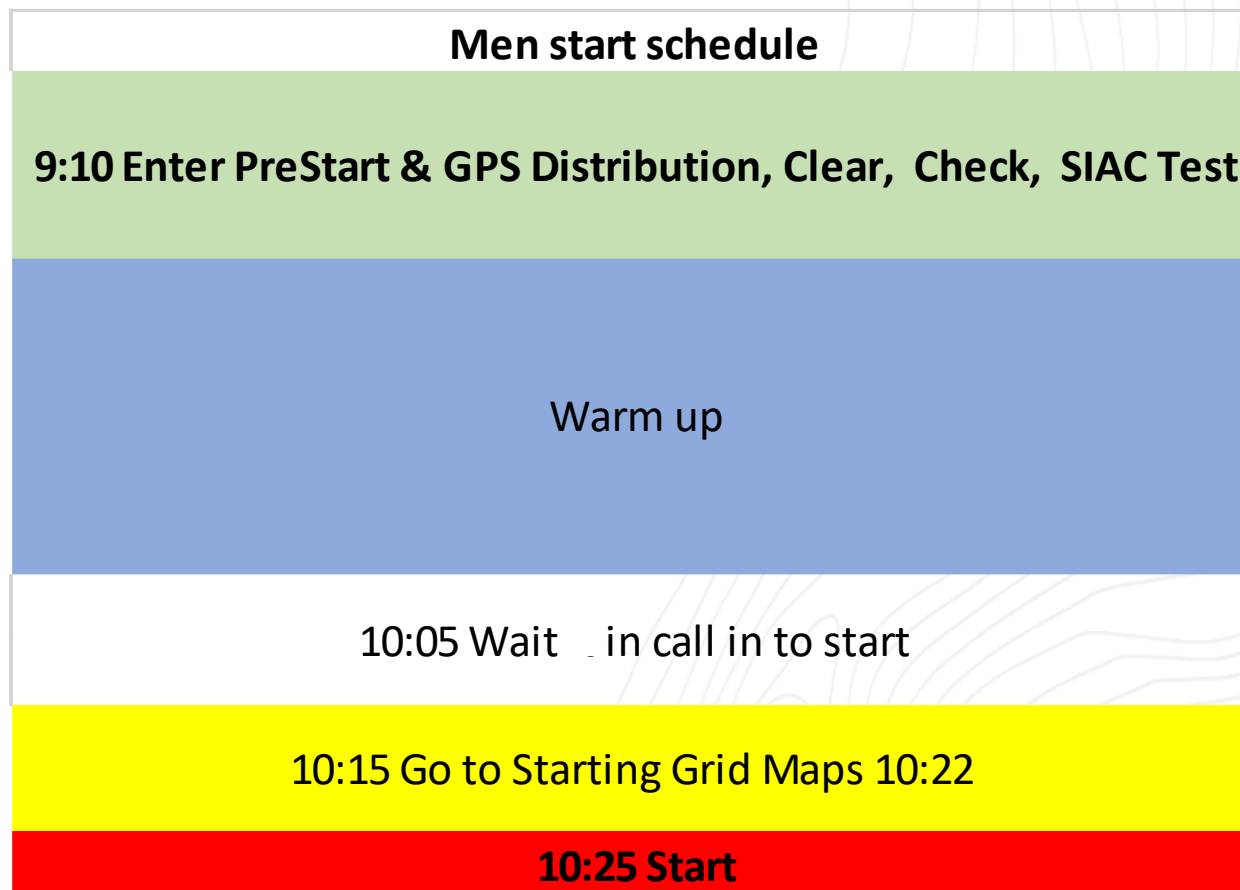




# Mass start day – Starting procedure - **WOMEN**

Women start schedule
9:00 Enter PreStart & GPS Distribution, Clear, Check, SIAC Test
Warm up
9:40 Wait in call in to start
9:50 Go to Starting Grid, Maps 9:57
<b>10:00 Start</b>

## Mass start day – Starting procedure - MEN





## Mass start day – Starting procedure – W20

W20 start schedule
9:00 Enter PreStart & GPS Distribution, Clear, Check, SIAC Test
Warm up
9:50 Wait in call in to start
10:00 Go to Starting Grid, Maps 10:02
<b>10:05 Start</b>

## Mass start day – Starting procedure – M20

M20 start schedule
9:15 Enter PreStart & GPS Distribution, Clear, Check, SIAC Test
Warm up
10:00 Wait in call in to start
10:05 Go to Starting Grid, Maps 10:12
<b>10:15 Start</b>

## **Mass start day – Finish procedure**

- **Long range punching is not active at the finish line.**
- After crossing the finish line competitors are ordered according their position in the finish and punch manually to the SI contact unit
- Jury member, other referee and camera are present at the finish line to report the right order at the finish line



# Jičín 2023

## Mass start day – Start draw for Relay

Deadline for name and primary SI card number entries is always 12:00 one day prior to the race day in IOF Eventor = 25.8., 12:00.



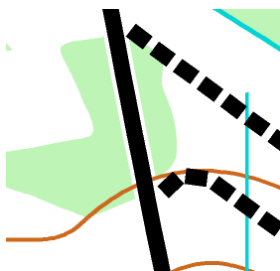


## Mass start day – Courses, maps

All courses contain compulsory routes, marked by red ribbons or a corridor in the terrain. In the map the compulsory route is marked by symbol 707 Marked route (purple).

In some case indistinct junction in map indicates a junction where paths are not physically connected and there is a ditch along one of the paths. It is possible to ride and cross it. Be careful when crossing this ditch!

Example:



## Mass start day – Courses, maps

Area with weak visibility of the orange rideable area on the map close to the control with code 64.



After the start, the tarmac route can be followed approx 150m, then the route is forbidden (marked with symbol 716 – Forbidden route. There will be a barrier in the terrain.







## **Mass start day – Restrictions**

**Off-track riding (including running and walking with the bike) is prohibited during all races, except map symbols where riding is permitted!**

**Also cutting is strictly prohibited.**

The following symbols (ISMTBOM 2022) will be used to show where off-track riding (or movement) is permitted.

501 Paved area (tarmac or gravel)		827 Narrow ride, permitted to ride: fast riding	
824 Open land, permitted to ride		829 Narrow ride, permitted to ride: slow riding	
825 Forested area, permitted to ride		830 Narrow ride, permitted to ride: very slow riding	
826 Rough open land, permitted to ride		<b>All other off-track areas are forbidden!</b>	





## Mass start day – SAFETY

Bear in mind that course splits quite soon after the map start so pay attention when changing the riding direction to avoid collision. Not all competitors select the same route.

Courses outside villages are crossing some small roads or the riders will ride on these roads. Reduced car traffic is possible. There will be marshals in most critical places, but generally riders are asked to follow traffic rules. Riders DO NOT HAVE absolute priority in the traffic.

Please watch out for pedestrians, mushroom pickers and tourists.



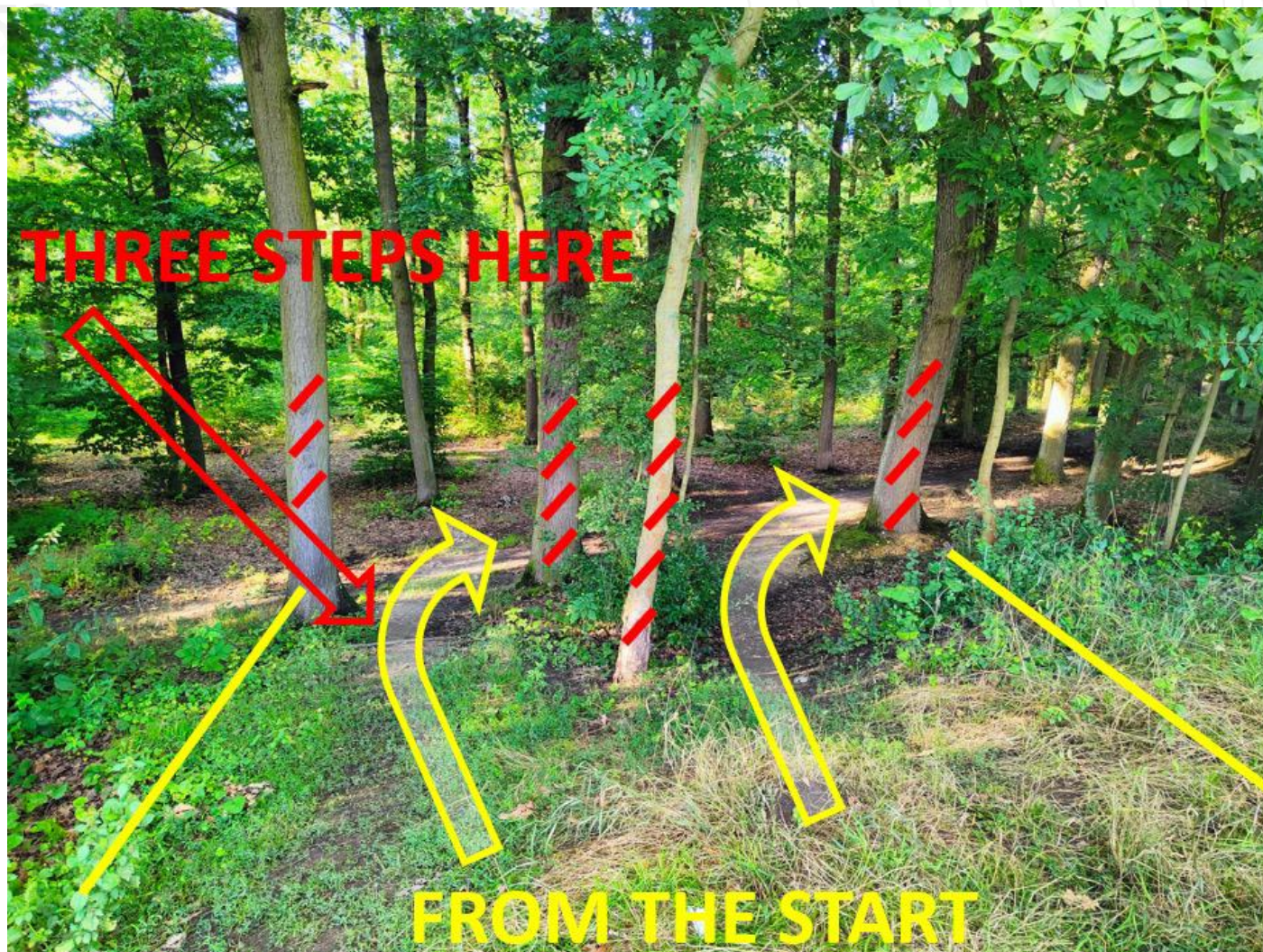
## Mass start day – SAFETY

At the entrance to the forest section from the start, there is a fork where the path partially narrows, see photo below.

When a large group of riders go there, a “bottleneck effect” and traffic jam is likely to happen. Please be extremely careful there, be considerate of other riders and observe fair play.



## Mass start day – SAFETY





## Mass start day – DOPING

Please read AD information given in Bulletin #4.

Call for AD testing may happen any time.





## Mass start day – OTHER

### Starting bibs

Starting bib will be given out to each competitor for each discipline. The starting bib has to be placed in the front of the bike, tapes to fit the numbers will be distributed with bibs.

### Complaints

Complaints may only be made by accredited team officials or competitors, at the finish as soon as possible after the incident or at the latest at **14:00**. Complaints received after this limit will be considered if there are valid exceptional circumstances (described in the complaint).

Any complaints shall be made in writing to the organizer – in that case please contact staff in the finish.



## Mass start day – OTHER

### Prize giving ceremony

Will be organized giving ceremony at the Event Centre at 19:00. There will be awarded first 6 best placed competitors in each category. In line with IOF rules podium finishers are requested to dress in team uniforms.

Catering service (food ordered by teams in advance) will be available at the finish arena.

## Mass start day – OTHER

Hourly weather forecast for Jabkenice served by yr.no

07		22°		3 ↖	Light breeze from south east
08		24°		3 ↖	Light breeze from south east
09		26°		2 ↑	Light breeze from south
10		28°		2 ↑	Light breeze from south
11		30°		3 ↗	Light breeze from south west
12		32°	0.1	5 ↗	Gentle breeze from south west
13		31°		5 ↗	Gentle breeze from south west
14		32°		5 ↗	Gentle breeze from south west
15		32°		4 ↗	Gentle breeze from south west
16		32°		5 ↗	Gentle breeze from south west
17		32°		8 ↗	Fresh breeze from south west



**Thank you & GOOD LUCK!**

